

# THE WINGROVE

## Lunch Menu

Monday-Saturday 12pm-4pm

Welcome to The Wingrove Restaurant. We appreciate everyone's forbearance and kindness as we all navigate our way around this brave new world. Thank-you for your continued support & understanding.

### LIGHT LUNCH

- HOMEMADE SOUP OF THE DAY, toasted sourdough. (v)(vgo)(gfo) **7**
- THE WINGROVE SALAD, mixed leaves, herbs, chicken, bacon, avocado, croutons. (gfo) **11**
- TOASTED CLUB SANDWICH, chicken, bacon, lettuce, tomato, mayonnaise. (gfo) **11**
- CHARCUTERIE BOARD, olives, pickles, flint owl sourdough bread, rocket salad. (gfo) **14**
- SUSSEX CHEESE BOARD, seasonal chutney, biscuits. (v) **9**

### FRESHLY PREPARED SANDWICHES 8

*Served on your choice of white, brown or gluten free bread.*

Smoked Salmon / Chicken Salad / Ham & Mustard  
Cheese & Pickle / Avocado, Hummus & Red Onion (v)(vg)

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### SUSSEX CREAM TEA 8.5

Freshly baked fruit & plain scone, Roddas clotted cream, strawberry jam.  
Served with your choice of tea.

### FULL AFTERNOON TEA 20

A selection of finger sandwiches on wholemeal and white bread.  
"Springs" smoked salmon, ham & mustard, cucumber & dill, egg mayonnaise & chive.  
Freshly baked plain & fruit scone, Roddas clotted cream, strawberry jam.  
A selection of cakes & pastries. Served with your choice of tea.

### SPARKLING FULL AFTERNOON TEA 30

Full Afternoon Tea as above, served with a glass of Rathfinny Classic Cuvée.

### TEA & COFFEE

*Our coffee is supplied by Liquid Spirit - an ethical & sustainable coffee roasters,  
located just over a mile from Wingrove House, in Litlington.*

Americano <b>3</b>	Flat White <b>3.5</b>	Decaf <b>3</b>	Tea <b>3</b>
Latte <b>3.5</b>	Espresso <b>3</b>	Cafetière for one <b>3</b>	Herbal Tea <b>3</b>
Cappuccino <b>3.5</b>	Double Espresso <b>3.5</b>	Cafetière for two <b>5</b>	Tea for two <b>5</b>

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English Breakfast Tea / Earl Grey / Camomile / Green Tea / Darjeeling  
Assam / Lemon and Ginger / Peppermint

(v) vegetarian (vg) vegan (gf) gluten free (gfo) gluten free option (vgo) vegan option

(GFO & VGO can be adapted to GF & VG. Please ask for further details.)

A 10% discretionary service charge will be added to the bill.